

BSU Senior College Fall 2024

Quick Glance Schedule

Please note the course location versus our fully virtual "Zoom" courses.

www.bridgew.edu/seniorcollege

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508.531.1052

| Important Dates |
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| Monday, October 14 Columbus Day/ Indigenous Peoples Day |
| Tuesday, November 5 Election Day |
| Monday, November 11 Veterans' Day (observed) |
| Tuesday, November 26 Thanksgiving Recess Begins |

NOTE: All Zoom courses are offered "LIVE" on the dates and times listed below. However, as a member benefit, most Zoom courses are also recorded, so if a member misses the live session, they can view a recording of the session at a later time that is convenient to them. Only members of Senior College can view courses. Members can watch recordings of courses they are not formally enrolled in.

Courses Starting in September

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|---|-----------------------------------|------------------|-----------------|---|-----------------|--|
| Zen Chair Yoga | Zoom (not recorded) | Jody Weber | Thursday | 9/05, 9/12, 9/19, 9/26 | 8:00-9:00am | Course meets 4 times. |
| Top Shelf I: Reading & Discussing Shakespeare's <i>Julius Caesar</i> , <i>King Lear</i> & <i>Hamlet</i> | Zoom (recorded) | John Winters | Friday | 9/06, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25 | 12:00-1:20pm | Course meets 8 times. |
| Deja-Vu & Tricks of the Mind | Zoom (not recorded) | Caroline Stanley | Monday | 9/09, 9/16, 9/23, 9/30 | 10:00-11:20am | Course meets 4 times. |
| The Legacy of Greece | Bridgewater Public Library | Aeon Skoble | Monday | 9/09, 9/16, 9/23, 9/30, 10/07, 10/21 | 9:45-11:05am | |
| The Final Stretch - The Road to the White House | Bridgewater Public Library | Mike Kryzanek | Monday | 9/09, 9/16, 9/23, 9/30, 10/07, 10/21 | 11:25am-12:45pm | Special instructor led Zoom sessions will be held pre and post election on 11/01 and 11/12 from 11:00am-12:00pm. |
| Still Crazy about Uke! Ukulele 3 | Center for Active Living Plymouth | Ed Priest | Monday | 9/09, 9/16, 9/23, 9/30, 10/07, 10/21 | 11:30am-12:50pm | Course cap: 36 |

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|--|--|------------------------|------------------------|---------------------------------------|---------------------|----------------|
| Bonjour Français! Beginning French 1 | Center for Active Living Plymouth | Ed Priest | Monday | 9/09, 9/16, 9/23, 9/30, 10/07, 10/21 | 1:10-2:30pm | Course cap: 36 |
| American Art: Gilded Age to Cold War 1950s | Easton Council on Aging Frothingham Hall | Jim Kirkcaldy | Monday | 9/09, 9/16, 9/23, 9/30, 10/07, 10/21 | 12:30-1:50pm | Course cap: 30 |
| How to Start a Mindful Journaling Practice | Easton Council on Aging Frothingham Hall | Shelley Leahy | Monday | 9/09, 9/16, 9/23, 9/30, 10/07, 10/21 | 2:10-3:30pm | Course cap: 30 |
| Before We Were Here: A History of 1920s America | Zoom (recorded) | Nan Loggains | Tuesday | 9/10, 9/17, 9/24, 10/01, 10/08, 10/15 | 10:00-11:20am | |
| Ukraine Needs Victory: Reflection on the Russian Invasion, Global Geopolitics, and the Future of Democracies | Zoom (recorded) | Feodor Gostjev | Tuesday | 9/10, 9/17, 9/24, 10/01, 10/08, 10/15 | 4:00-5:20pm | |
| Plants and Human History | Zoom (recorded) | Ron Aakjar | Tuesday | 9/10, 9/17, 9/24, 10/01, 10/08, 10/15 | 5:00-6:20pm | |

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|---|------------------------------|-------------------------|------------------------|---|---------------------|---|
| Nous parlons français! Advanced French Conversation | Bridgewater Public Library | Ed Priest | Tuesday | 9/10, 9/17, 9/24, 10/01, 10/08, 10/15 | 12:00-1:20pm | |
| ¡Hola Español! Beginning Spanish | Bridgewater Public Library | Ed Priest | Tuesday | 9/10, 9/17, 9/24, 10/01, 10/08, 10/15 | 1:40-3:00pm | |
| Drawing for Beginners | Bridgewater State University | Laurie J. Ferrini Halls | Tuesday | 9/10, 9/17, 9/24, 10/01, 10/08, 10/15 | 4:00-5:20pm | The specific campus classroom location will be shared with participants. Course cap: 18 Course fee: \$15 (does not include supplies). |
| Learn to be a Drone Pilot! Aerial Mapping, Humanitarian Missions, and Creative Filmmaking | Bridgewater State University | Ron Jabara | Tuesday | 9/10, 9/17, 9/24 Rain Date: 10/03 | 4:00-6:00pm | Course cap: 14 Course fee: \$20 |
| Yoga and Meditation: Practices for Deeper Peace and Wellness | Zoom (not recorded) | Jody Weber | Wednesday | 9/11, 9/18, 9/25, 10/02, 10/09, 10/16, 10/23, 10/30 | 8:00-9:00am | Course meets 8 times. |
| Historical Fiction: Interpreting the Past Through Storytelling | Zoom (recorded) | Jen Turner | Wednesday | 9/11, 9/18, 9/25, 10/02, 10/09, 10/16 | 12:00-1:20pm | |
| Women in Power: A Global History | Zoom | Richard Brabander | Thursday | 9/12, 9/19, 9/26, 10/03, 10/10, 10/17 | 11:00am-12:20pm | |

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|--|-----------------------------------|-------------------------|------------------------|---|---------------------|--|
| Discover Your Inner Actor! Introduction to Acting | Center for Active Living Plymouth | Sheila Kelleher | Thursday | 9/12, 9/19, 9/26, 10/03, 10/10, 10/17 | 11:30am-12:50pm | |
| The Contemporary Art Scene | Center for Active Living Plymouth | Jim Kirkcaldy | Thursday | 9/12, 9/19, 9/26, 10/03, 10/10, 10/17 | 1:10-2:30pm | |
| Image Study: Improving Your Photos | Zoom (recorded) | Ron Reynolds | Friday | 9/13, 9/20, 9/27, 10/04, 10/11, 10/18 | 9:30-10:50am | |
| Runnin' with the Sons of Liberty | Zoom (recorded) | Sandra Temple | Friday | 9/13, 9/20, 9/27, 10/04, 10/18, 10/25 | 2:00-3:20pm | No class 10/11 (Yom Kippur). |
| Mindfulness Practices for Optimal Physical Health and Well-Being | Zoom (recorded) | Cheryl Jones | Tuesday | 9/17, 9/24, 10/01, 10/08, 10/15, 10/22 | 2:00-3:20pm | |
| Political Discussion: Issues of the Day | Zoom (not recorded) | Nan Loggains | Wednesday | 9/18, 9/25, 10/02, 10/09, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 12/04, 12/11 | 10:00-11:20am | Course meets 12 times (no class 11/27). |
| Introduction to Drawing - Part 3- Portraits | Bridgewater State University | Laurie J. Ferrini Halls | Saturday | 9/21, 9/28, 10/05, 10/19, 10/26, 11/02 | 9:30-10:50am | The specific campus classroom location will be shared with participants. Course cap: 18 participants Course fee: \$15 (does not include supplies). |

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|--|------------------------------|-------------------------|------------------------|--|---------------------|--|
| Watercolor for Beginners - Part 2 | Bridgewater State University | Laurie J. Ferrini Halls | Saturday | 9/21, 9/28, 10/05, 10/19, 10/26, 11/02 | 11:10am-12:30pm | The specific campus classroom location will be shared with participants. Course cap: 12 participants Course fee: \$15 (does not include supplies). |
| Exploring Poetry: The Old and the New | Zoom | Susan Levasseur | Monday | 9/23, 9/30, 10/07, 10/21, 10/28, 11/04, 11/18, 12/02 | 1:00-2:20pm | Course meets 8 times. |
| Buongiorno Italia: Conversational Italian: Part 2 | Bridgewater Senior Center | Alfred Crudale | Tuesday | 9/24, 10/01, 10/08, 10/15, 10/22, 10/29 | 1:00-2:20pm | |
| Jin Shin Jyutsu: Balancing the Energies of Body, Mind, and Spirit for Health and Wellbeing | Bridgewater Senior Center | Pat Kane | Tuesday | 9/24, 10/01, 10/08, 10/15, 10/22, 10/29 | 2:30-3:50pm | |

Courses Starting in October

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|---|----------------------------------|-----------------|-----------------|--|-----------------|-----------------------|
| Reconnecting with Math: Embracing the Productive Struggle | Zoom (recorded) | Chantal Kassa | Tuesday | 10/01, 10/08, 10/15, 10/22, 10/29, 11/12 | 5:00-6:20pm | |
| How to Maximize Communication & Interaction between Baby Boomers, Silent Generation, Gen X, Gen Y/ Millennials, and Gen Z | Zoom (not recorded) | William Brennan | Tuesday | 10/01, 10/08, 10/15, 10/22, 10/29, 11/12 | 5:30-6:50pm | |
| Learn to Fold Flowers with Origami | Zoom (recorded) | Andrea Plate | Wednesday | 10/02, 10/09, 10/16, 10/23, 10/30, 11/06 | 9:30-10:50am | |
| Exploring World Religions: Origins, Beliefs, and Practices | Zoom (recorded) | Nate DesRosiers | Wednesday | 10/02, 10/09, 10/16, 10/23, 10/30, 11/13 | 1:00-2:20pm | |
| Renaissance to Romanticism | Hingham Center for Active Living | Jim Kirkcaldy | Wednesday | 10/02, 10/09, 10/16, 10/23, 10/30, 11/06 | 9:00-10:20am | |
| Capturing Stories: A Journey into Photography | Hingham Center for Active Living | Francis Giles | Wednesday | 10/02, 10/09, 10/16, 10/23, 10/30, 11/06 | 10:40am-12:00pm | |
| Between the Lines Book Club | Zoom (not recorded) | Nan Loggains | Thursday | 10/03, 11/07, 12/05 | 10:00-11:30am | Course meets 3 times. |

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|---|---|------------------------|------------------------|--|---------------------|--|
| Exploring Modern Ireland Through Literature: The Next Chapter | Zoom (recorded) | Paul Pelan | Thursday | 10/03, 10/10, 10/17, 10/24, 10/31, 11/07 | 6:30-7:50pm | |
| Rebels and Rogues: The World of Witches and Pirates | Bridgewater State University | Renee Somers | Friday | 10/04, 10/11, 10/18, 10/25, 11/01, 11/08 | 12:00-1:20pm | The specific campus classroom location will be shared with participants. |
| Introduction to American Sign Language | Zoom (recorded) | Glenna Caliendo | Monday | 10/07, 10/21, 10/28, 11/04, 11/18, 11/25 | 9:00-10:20am | |
| The Societal Impact of Drugs and Addiction | Zoom (not recorded) | Suzanne Buglione | Monday | 10/21, 10/28, 11/04, 11/18, 12/02, 12/09 | 2:30-3:50pm | |
| Winter Gardening Mother Nature Never Rests! | Zoom (recorded) | Ron Aakjar | Tuesday | 10/22, 10/29, 11/12, 11/19, 12/03, 12/10 | 5:00-6:20pm | |
| Mid-Day Mindful Moments | Bridgewater Public Library | Penny King | Tuesday | 10/22, 10/29, 11/12, 11/19, 12/03, 12/10 | 12:00-1:20pm | |
| What Does this Dream Mean? | Bridgewater Public Library | Curtiss Hoffman | Tuesday | 10/22, 10/29, 11/12, 11/19, 12/03, 12/10 | 1:40-3:00pm | |
| Power, Privilege, and Oppression | Zoom (recording will be decided collectively) | Chanelle Melton | Thursday | 10/24, 10/31, 11/07, 11/14, 11/21, 12/05 | 12:40-2:00pm | |

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|--|--|------------------------|------------------------|--|---------------------|----------------|
| Advanced Scene Study | Center for Active Living Plymouth | Sheila Kelleher | Thursday | 10/24, 10/31, 11/07, 11/14, 11/21, 12/05 | 11:30am-12:50pm | Course cap: 36 |
| Keeping Your Mind Sharp As You Age | Center for Active Living Plymouth | Bob Santulli | Thursday | 10/24, 10/31, 11/07, 11/14, 11/21, 12/05 | 1:10-2:30pm | Course cap: 36 |
| Studies in Earth Sciences: Motions in the Heavens | Zoom (recorded) | Ron Reynolds | Friday | 10/25, 11/01, 11/08, 11/15, 11/22, 12/06 | 9:30-10:50am | |
| Cold War Jitters | Bridgewater Public Library | Jim Kirkcaldy | Monday | 10/28, 11/04, 11/18, 11/25, 12/02, 12/09 | 9:45-11:05am | |
| Crafting the Republic: A Journey Through the U.S. Constitution | Bridgewater Public Library | Ray Ajemian | Monday | 10/28, 11/04, 11/18, 11/25, 12/02, 12/09 | 11:25am-12:45pm | |
| Let's Learn the Ukulele! Beginning Ukulele 1 | Center for Active Living Plymouth | Ed Priest | Monday | 10/28, 11/04, 11/18, 11/25, 12/02, 12/09 | 11:30am-12:50pm | |
| Encore! Beginning French 2 | Center for Active Living Plymouth | Ed Priest | Monday | 10/28, 11/04, 11/18, 11/25, 12/02, 12/09 | 1:10-2:30pm | |
| The Contemporary Art Scene | Easton Council on Aging Frothingham Hall | Jim Kirkcaldy | Monday | 10/28, 11/04, 11/18, 11/25, 12/02, 12/09 | 12:30-1:50pm | Course cap: 30 |

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|--|---|------------------------|------------------------|---|---------------------|----------------|
| The History of American Presidential Elections | Easton Council on Aging Frothingham Hall | Ray Ajemian | Monday | 10/28, 11/04, 11/18, 11/25, 12/02, 12/09 | 2:10-3:30pm | Course cap: 30 |
| Just Yesterday: Very Modern American History | Zoom (recorded) | Nan Loggains | Tuesday | 10/29, 11/5, 11/12, 11/19, 12/03, 12/10 | 10:00-11:20am | |
| Finding Joy: A Literary Journey | Zoom (recorded) | Ellen Snoeyenbos | Wednesday | 10/30, 11/06, 11/13, 11/20, 12/04, 12/11 | 10:00-11:20am | |

Courses Starting in November

| Course Name | Course Location | Instructor Name | Day of the Week | Course Dates | Course Times | Note: |
|---|---|----------------------|-----------------|--|--------------|--|
| Top Shelf II: Reading & Discussing Sophocles' trilogy of Oedipus plays (<i>Oedipus Rex</i> , <i>Oedipus at Colonus</i> , and <i>Antigone</i>) | Zoom (recorded) | John Winters | Friday | 11/01, 11/8, 11/15, 11/22, 12/6, 12/13 | 12:00-1:20pm | No class on 11/29 (day after Thanksgiving). |
| Empowering Your Financial Voice: Comprehensive Strategies for Economic Well-Being | Zoom (recording will be decided collectively) | Jeanean Davis Street | Monday | 11/04, 11/18, 11/25, 12/2, 12/9, 12/16 | 4:00-5:20pm | No class on 11/11 (Veterans' Day). |
| Finding the Writer Within: Sharing Story through Image and Word | Zoom (not recorded) | Linda Steele | Wednesday | 11/06, 11/13, 11/20, 12/04, 12/11, 12/18 | 3:00-4:20pm | |
| Writing Your Memoir | Zoom (not recorded) | Kristen Morgan | Tuesday | 11/12, 11/19, 11/26, 12/03, 12/10, 12/17 | 5:00-6:20pm | Course WILL meet on the Tuesday before Thanksgiving. |

In-person course locations:

Bridgewater Public Library
15 South Street
Bridgewater, MA 02324
508.697.3331

Bridgewater State University
131 Summer Street
Bridgewater, MA 02325
508.531.1052

Easton Council on Aging
Frothingham Hall Community Center
15 Barrows Street
North Easton, MA 02356
508.230.0690

Bridgewater Senior Center
10 Wally Krueger Way
Bridgewater, MA 02324
508.697.0929

Center for Active Living Plymouth
44 Nook Road
Plymouth, MA 02360
508.830.4230

Hingham Center for Active Living
224 Central St
Hingham, MA 02043
781.741.1458

Weather related cancellations

In the event of inclement weather, power outages, or other emergency situations please visit the BSU website www.bridgew.edu or check your local radio or TV station. If BSU is closed for ANY reason, Senior College courses are also cancelled (at all of our in-person locations and even if they meet via Zoom). We will make every effort to makeup missed class meetings due to weather or other unexpected situations, but do not guarantee that cancelled sessions will be made up.